

Tulsa County ah naungek si  
6 ah 1 phial bang pen a  
ihmutna mun a bitloh man  
ahi hi.

*Tulsa Naungek Suak Nailote leh Naungek Suak  
Khinte' Sihna Etkikna (TFIMR) pan a ki-enpha  
2017-2019 mite sungah thupiangte tawh kizul-  
in, TFIMR data pen millip phazah huampi sim  
nading gimna ahihloh hangin, naungek suak  
nailo leh naungek sihna ahangte leh dalkholhna  
tawh kisai data-te hong pia hi.*



**Kei guak lup leh thal-lupsa-a  
ihmut pen kei ading  
lungmuanhuai pen hi**



# Bittakin ihmut dan dingte

- Na naungek tawh innkhan zangkhawm inla, ahih hangin lumkhawm kei in. Na naungek nang tawh ahi a, mi dang khat tawh ahi zongin uliante' lupna, sofa nip tung ahihkeh tutna tungah amah guak, lum kei ta hen.
- Lukham, nauluai pandal, kimawlina nipte leh delhphal nip cih bang van-le-na a nipte na naungek lupna mun tawh a kigamla ah koih in.
- Naungekte sun na ihmutsak ciangin leh zan lum dinga na sial ciangin a thal lamin koih den in.
- Na naungek luai sungah ihmusak kei in. Na naungek mawtaw tutna tung ahihkeh naupuakna sungah a ihmut leh, a kip a liing lo lupna mun ah a manlang thei penin tuah in.
- Naungek khat zatep khat tawh a lupkhop ciangin, sih theihna tamzaw tham lai hi. Naungekte zakhu, zu leh khamtheih kikhaamte tawh kisukhasak kei in.