



2023-2028 Tulsa County CHIP Reporting Meeting – 3 Year (April 2025 – March 2026)

Quarterly Meeting: State of Stress and Mental Health *To Support: Reflecting on Resilience & Rebuilding Connection*

Tuesday, January 20, 2026

9 – 11 a.m.

CE Credits: 2 (In Partnership with the Oklahoma Public Health Association)

Inperson:	Virtual:
Tulsa Health Department North Regional Health & Wellness Center 5635 N Martin Luther King Jr Blvd, Tulsa, OK 74126	Microsoft Teams Need help? Join the meeting now Meeting ID: 232 902 164 650 0 Passcode: JV72ma2N

Visit the Resource Tables & Supporting Partners for Today's Meeting:

8:30 AM	<ul style="list-style-type: none"> Tulsa Health Department <ul style="list-style-type: none"> Epidemiology Oklahoma Public Health Association GRAND Mental Health Oklahoma Family Network Indian Nations Council of Governments Activate Oklahoma Family and Children's Services 	<ul style="list-style-type: none"> City of Tulsa <ul style="list-style-type: none"> Fire Department Police Department Poetic Justic Tulsa Autoimmune Association Overcross Counseling and Equine Services, LLC Ability Resources 	30 mins.
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Time	Topic	Presenter	Duration
9:00 AM	Welcome & Agenda	Cheri Michie, Community Engagement Specialist, GRAND Mental Health Email: cmichie@grandmh.com	5 min.
9:05 AM	CHIP Networking Activity		5 min.
9:10 AM	CHIP Updates & Announcements	Christina Seymour, MBA-HC, Project Manager, Tulsa Health Department	10 min.
9:20 AM	Training PreSurvey		5 min.
9:25 AM	<i>Policy Focused Skill-building 1:</i> Utilizing OPHA Policy Tools to Stay Informed about Legislation	McKenzie Cowlbeck MPH, CPH, Executive Director, Oklahoma Public Health Association (OPHA) Email: mckenzie@okpublichealth.org	15 min.
9:40 AM	Training PostSurvey		5 min.
9:45 AM	Keynote Speaker: NAMI Tulsa	Malayna Hasmanis, M.Ed, MPA, Executive Director, NAMI Tulsa Email: namitulsa@sbcglobal.net	20 min.
10:05 AM	Keynote Speaker: Tulsa Fire Department	Justin Lemery, Chief of Emergency Medical Services, Tulsa Fire Department, City of Tulsa Email: JLemery@cityoftulsa.org	20 min.

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*Tulsa County Community
Health Improvement Plan*



10:25 AM	<p><i>Q&A Discussion Panel</i> Moderator: Cheri Michie, Community Engagement Specialist, GRAND Mental Health</p>	<ul style="list-style-type: none"> Malayna Hasmanis, M.Ed, MPA, Executive Director, NAMI Tulsa Justin Lemery, Chief of Emergency Medical Services, Tulsa Fire Department, City of Tulsa Alicia Beard, MSW, Executive Director for GRAND Tulsa Outpatient, GRAND Mental Health (Email: abeard@GrandMH.com) Jordan Howard, Oklahoma Operations Assistant, Poetic Justice (Email: jordanhoward@poeticjustice.org) Officer Demita Kinard, LPC, Case Manager Mental Health Unit, Police Department, City of Tulsa (Email: dkinard@cityoftulsa.org) John P Ayers, MS, LPC-S, NCC, Vice President, Adult Community-Based Services, Family & Children's Services, (Email: jayers@fcsok.org) 	30 min.
10:55 AM	Closing Remarks	Christina Seymour, MBAHC, Project Manager, Tulsa Health Department	5 min.
<p>Meeting Adjourn Community Networking and Visit the Resource Tables</p>			

- Learn more about the [Tulsa County Community Health Improvement Plan \(CHIP\)](#)
 - Upcoming CHIP Workgroup Meetings [here](#).
 - Upcoming CHIP Quarterly Meeting: Tuesday, April 21, 2026, at 9 AM – [Register Here](#).
 - Organizer: Christina Seymour, MBA-HC | Project Manager | Tulsa Health Department 918-595-4045 | cseymour@tulsa-health.org
- Learn more about the [Oklahoma Public Health Association \(OPHA\)](#)

Thank you to our CHIP partners for today's meeting!



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